

Preparing for 2018

These questions will stimulate your thinking as you prepare to launch into this **New Year**. Not all questions may apply specifically to you, but answer as many as possible.

- During a quiet time of solitude, thoughtfully and prayerfully write your responses in the space provided after each question. Consider discussing these with family or friends.
- Where appropriate, support your answers with relevant Scripture passages.
- Reflect on what you **REALLY** need and want to accomplish this **New Year**.

After you finish the questions, then reflect a little longer on all your answers. On the final page you can then apply your answers by writing a handful of specific, measurable, actionable goals for **2018** ... call them “*resolutions*” if you like!

This handout was adapted from theartofsimple.net and used with their permission

1. What healthy **character traits** would you like to see developed in your life during **2018**? (Identify at least three specific steps you will take to develop these.)
2. How will you maintain **accountability** for progressing in personal growth throughout **2018**?
3. What steps can you take to intentionally pursue **spiritual intimacy** with God this year?
4. Identify three **spiritual disciplines** that you can begin practicing immediately.
5. Identify half a dozen learning goals for **2018**.

6. Have you ever read through the entire Bible? Explore the various **reading plans** listed on Bible Gateway's website <<https://www.biblegateway.com/reading-plans/>>.

7. What **books** (in addition to the Bible) would you like to read this year?

8. If married, what are some goals you have as a couple to strengthen your **marriage**?

9. What books would you like to read together with your spouse this year?

10. What plans will you make to pray and/or have “*family meetings*” together?

11. Identify ways you desire each of your children to grow in the following areas:
 - Physically
 - Emotionally
 - Relationally
 - Spiritually
 - Educationally
 - Other

12. In what way(s) would you like to be physically healthier by **December, 2018**?

13. What is your plan this month (**January**) for progressing towards a healthier you?
14. Are you giving **financially** on a regular basis to support your local church and advance God's Kingdom agenda throughout the world? How will this change/improve in **2018**?
15. In what specific ways would you like to grow in relating to your **friends** this year?
16. Are there damaged or damaging relationships in your life? What will you do this year to work on mending these relationships?
17. Identify specific people in your life who can use some encouragement. How will you encourage them throughout **2018**?
18. Identify at least three people in your life whom you admire. What are practical ways you can positively use their influence in your life this year? Consider sending them a note of encouragement.
19. Identify at least three specific ways you can be of service to your immediate community in **2018**.
20. Identify at least one person whom you could help grow in their discipleship to Jesus during **2018**.

New Year's Goals for 2018

Now reflect a little longer on all your answers to the previous 20 questions. Then apply your answers by setting a handful+ of specific, measurable, actionable goals for **2018** ... call them “*resolutions*” if you like!

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____